



## Miraculous Properties Of Ozone Therapy

**O**zone therapy can be used to treat a variety of chronic diseases including: Cardiovascular Disease, Diabetes, Chronic Hepatitis, Herpes, Chronic Fatigue, Lyme Disease, Macular Degeneration, Colitis, Crohn's Disease as well Chronic Musculoskeletal Pain Syndromes such as tendonitis, bursitis, arthritis and other chronic conditions. It has even been shown to help patients with Cancer.

Most people think of ozone as a pollutant in the air we breathe that is toxic and a byproduct of our internal combustion automobile engines. When inhaled, ozone is irritating to the airways due to its oxidizing effects. However, when introduced into the body, ozone is remarkably effective at stimulating healing processes and relieving chronic pain. Ozone gas is an oxygen molecule (O<sub>2</sub>) with an extra oxygen attached, making it O<sub>3</sub>. This extra oxygen molecule is what makes ozone "supercharged" and gives it all the remarkable medical properties. Oxygen is colorless and odorless, while ozone is blue colored (this is what makes the sky blue). The use of ozone to treat various medical conditions was first developed in the 1950s in Germany and has been gradually spreading in American over the last 25 years. Ozone is found naturally in the

body. White blood cells make it as part of the immune response. Autohemotherapy, a procedure where a patient's own blood is exposed to ozone then re-infused, is the method of administration for the degenerative diseases described above. When medical grade ozone is used for ozone therapy, per established medical guidelines, it has a safety record second to none.

### OZONE THERAPY INJECTIONS

Ozone therapy injections can be used for chronic neck or low back pain, shoulder tendonitis/bursitis, tennis elbow, knee pain from patello-femoral pain or arthritis, jaw pain from TMJ, chronic trigger points in any muscle of the body and even in the hands or feet that have soft tissue pain syndromes. Virtually all musculo-skeletal aches or pains that have persisted for over two months will respond to ozone injections. Pain relief is usually complete within 30 – 60 minutes. It works by increasing oxygen uptake in the local tissue and speeding up local metabolism, which accelerates the natural repair processes within the body. Unlike cortisone shots, which provide anti-inflammatory effects but weaken the injected tissue due to its catabolic (destructive) effects, ozone stimulates repair processes that promote healing of the injured tissue.

The amounts of treatments vary from patient to patient and on the type of condition or disease you are treating. Each ozone treatment leads to longer symptom relief because its effects on tissue repair are cumulative over time. (Similar to the mechanisms that promote healing when utilizing IV Colchicine for the treatment of Disc Disease).

Below is a list of some of the things ozone does:

1. Cell Energizer
2. Liver Cleanser
3. Kills Parasites
4. Combats Chronic Fatigue Syndrome
5. Corrects Dizziness
6. Blood Purifier
7. Kills Candida/Yeast
8. Kills Cancer Cells
9. Speeds Healing
10. Speeds Athletic Recovery
11. Removes Brain Fog
12. Improves Memory
13. Improves Mental Stability
14. Improves Brain Function
15. Improves mental Quickness
16. Clears Mucous
17. Improves Heart Function
18. Relieves Angina
19. Calms Nerves
20. Relieves Depression
21. Oxidizes Poisons
22. Improves Mineral Absorption and Vitamin Uptake
23. Balances Acid/Alkaline
24. Ignites carbohydrates/Burns Off Excess Sugar
25. Speeds Up Faulty Metabolism
26. Clears Out Dirty Fluids/Detoxifies the Lymph System
27. Prevents and Treats Degenerative Diseases
28. Prevents premature aging
29. Prevents and treats gangrene and osteomyelitis
30. Prevents and Treats ASHD by Improving Circulation
31. Fights emphysema/COPD and Bronchitis
32. Prevents and Treats Lyme Disease
33. Fights Parasitic Infections
34. Fights Fibromyalgia
35. Prevents and Treats Epstein Barr Virus
36. Disburses Heavy Metal Toxicity
37. Prevents and Cures Allergies
38. Neutralizes Environmental Toxicity
39. Prevents and Reduces Symptoms of Alzheimer's
40. Prevents and Reverses Nerve Related Diseases
41. Prevents and treats gastrointestinal disorders
42. Prevent and Reduces Symptoms of MS
43. Detoxifies Every Cell in the Body
44. Prevents HIV Conversion to AIDS
45. And More . . .

### THE REAL QUESTION SHOULD BE WHAT DOESN'T OZONE DO?

When ozone is combined with other Bio-Oxidative Therapies such as UBI (Ultraviolet Blood Irradiation), the results are even more rapid and dramatic.

For more information about ozone therapy and its many routes of administration and uses, search the web. Ozone Therapy alone or in addition to UBI (Ultraviolet Blood Irradiation) is two of medicines best kept secrets. As always, I ask that you Do Your Homework then call ICAM to see what benefits you may derive from these therapies. Remember, you don't have to feel badly to be sick. These therapies build a strong immune system and can be used to prevent as well as treat a multitude of disease states. Yours in Health . . . Mark James Bartiss, MD



### REMEMBER...

When it comes to your health, you do have options and a choice.

Mark James Bartiss, M.D.

### A Doctor That Specializes In You!

A Different Approach To Your Medical Needs

Dr. Bartiss is a medical writer, lecturer and author and has been interested in Women's Health issues. Whether you are feeling ill or think you are well, Dr. Bartiss offers therapies that will keep you healthy and set back your biologic (aging) clock ten to fifteen years. Hundreds of patients have already utilized his services and have found internal peace with their newly gained health and youth. You too can recapture this dream and live a healthier, happier and more fulfilling life with minimal effort by following his protocols.

For those interested in inquiring about lectures for your group/ organization, or for information about ICAM and Dr. Bartiss, contact our office, or visit our website: [www.icambartissmd.com](http://www.icambartissmd.com)

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24 Nautilus Drive, Suite 5 • Manahawkin, NJ 08050 • 609-978-9002  
504 Hamburg Tpk, Suite 205 • Wayne, NJ 07470 • 973-790-6363

[www.ICAMBartissMD.com](http://www.ICAMBartissMD.com)