



DO I TRULY HAVE 'LYME' DISEASE Or Is My Diagnosis Really A Lemon?



SUBMITTED BY:
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Despite over twenty years and hundreds of articles I have written, I found it hard to present the readers this month with an informative and helpful topic that I have yet to discuss.

That is until today . . .

Today in my office, a long time patient and friend had a dramatic response to a therapy for what was diagnosed as Lyme Disease (LD) by numerous phy-

sicians - including myself, over a decade ago. After suffering crippling symptoms and multiple treatment failures over the years, you can imagine his excitement and gratitude after this enlightening experience.

In fact, he was so grateful that he literally went to his knees and kissed the ground! I figured this was another omen so I thought I should share some valuable information with you regarding LD.

Did You Know:

1 The diagnosis of LD is both over and under diagnosed by most healthcare professionals. The reasons are numerous but the most compelling is the lack of reliable lab testing. I know of only one lab that can, with some certainty, confirm or exclude the diagnosis with any accuracy and it costs over \$500.

2 Less than 50% of patients having symptoms and carrying the diagnosis of LD recall a tick bite.

3 Less than 50% ever develop a rash.

4 When a rash develops, it is only present 50% of the time at the site of the bite.

5 Only 50% of patients present with the classic "bull's-eye" rash that has become synonymous with LD.

6 It is very possible that 50% of patients are misdiagnosed as well but I think it is far more than that.

An important consideration when treating Lyme patients is understanding they share the exact symptoms seen in over a dozen other commonly diagnosed (or misdiagnosed) medical conditions! So then, how do you know if you do or don't have Lyme? I wish it were as easy to answer as it is to ask but it just isn't so.

Do you ever wonder why some individuals with multiple tick bites never develop symptoms or disease? Or, why do

some people treated with antibiotics recover without incident while others "require" years of antibiotic therapy? Could it be that their chronic, recurring and fluctuating symptoms are a result of an altered immune system rather than active infection with *Borrelia* from Lyme Disease?

Regardless of the reason(s) for the symptoms (i.e. cause or effect of the primary invasion to the body), the most effective and least invasive treatment for **any disease**, is to correct the underlying damage or defect that occurred to the body's host defense or immune system. Once this is done, the body can fight off anything—including: Cancer, AIDS, Fibromyalgia, Chronic Fatigue Syndrome, MS, Rheumatoid Arthritis, Lupus, Bacterial/Viral Infections and yes, Lyme Disease.

Often, after repairing the immune system, symptoms will spontaneously resolve. Treating disorders in this fashion addresses the underlying cause(s) of disease rather than just the symptoms. And, although this scenario is often **not** the exception, it surely isn't always the rule. In these stubborn cases where "the usual" treatments fail and boosting the immune system isn't enough we must look to other damaged organ systems to regain optimal health. (i.e. adrenal, neurological, thyroid, reproductive and neuromuscular systems).

Look at it this way. While driving your car you hit a large metal object lying in the road.

Dr. Bartiss is a medical writer, lecturer and author and has been interested in Women's Health issues. Whether you are feeling ill or think you are well, Dr. Bartiss offers therapies that will keep you healthy and set back your biologic (aging) clock ten to fifteen years. Hundreds of patients have already utilized his services and have found internal peace with their newly gained health and youth. You too can recapture this dream and live a healthier, happier and more fulfilling life with minimal effort by following his protocols.

For those interested in inquiring about lectures for your group/organization, or for information about ICAM and Dr. Bartiss, contact our office, or visit our website: www.icambartissmd.com

You instantly rupture your front tire and lose control of your vehicle, hit a guardrail and flip over. Your car sustains severe damage but **unrelated** to the primary event, which was the blown out tire. The damages done were a result of what happened after the tire blew not because of the blown tire directly. Replacing the tire is not going to address the other damages done as a result of the initial insult!

Wouldn't it be nice if mainstream medicine looked at health and illness in this way? There would certainly be a much better end result and much less patient/physician frustration.

Bottom Line:

Whether you have been correctly or incorrectly diagnosed with LD or any chronic illness, following the above principles will nearly always promote recovery and bring back optimal health. For more information on how Dr. Bartiss does this, contact his office for a consultation. Once there, he will develop **with you** a plan that is tailor made to address your clinical situation.

Abhhh, the practice of medicine can be so bittersweet . . .

Mark James Bartiss, M.D.
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REMEMBER.... *When it comes to your health, you do have options and a choice. For more information contact Dr. Bartiss or visit his website at www.icambartissmd.com*

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