



# Subcutaneous Pellet Therapy

NOT ALL FORMS OF HORMONE ADMINISTRATION ARE CREATED EQUAL

**Are you currently receiving treatment for low or imbalanced hormones? Are you feeling any better? Perhaps you are feeling worse?**

Whether you are a man or a woman, this month's article is going to set you straight regarding the most effective and safest "bio-available" form of hormone restoration therapy available in the world today. Pellet therapy has been around since the 1930s. This concept is similar to the once most prescribed drug in America -Premarin, but much like other bioidentical hormones, a lack of approval from the FDA has left an unnecessary and unjustified public fearful of the "consequences" associated with their use.

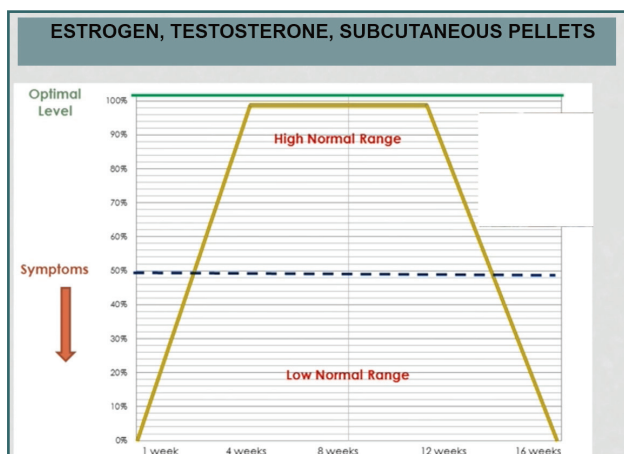
In 2008, the FDA gave its blessing to Slate Pharmaceutical's Testopel, - a bio-identical testosterone pellet therapy designed exclusively for men. (To date, the FDA has yet to admit the **NEED** for testosterone in women).

As more practitioners and patients experience the ease and effectiveness of this delivery method for testosterone (and estrogen in women), it has become increasingly popular for both sexes despite its unapproved FDA use in women.

Testosterone (and in women, estrogen) delivered by pellet implant, has been used to treat migraines and menstrual headaches. It is also a very effective treatment for vaginal dryness, incontinence, urinary urgency and frequency. In both men and women, testosterone has been shown to increase energy, relieve depression, increase sense of well-being, relieve anxiety and improve memory and concentration. Testosterone pellets increase lean body mass (muscle strength, bone density) and decrease fat mass. **BOTH** men and women need adequate levels of testosterone for optimal mental and physical health in addition to protect or the prevent chronic illness, such as Heart Attack, Stroke, Colon Cancer, Breast Cancer, Prostate Cancer Alzheimer's, Parkinson's Disease and Osteoporosis, which have all been associated with low testosterone levels.

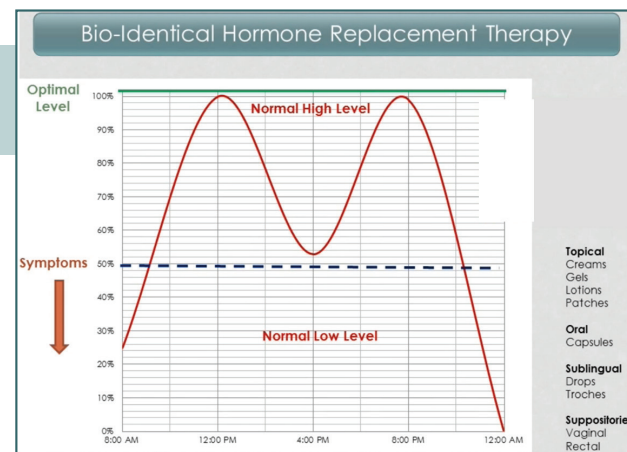
## TESTOSTERONE: "The Co-Ed Hormone"

Low "T" is among the most common issues facing the aging male. It affects multiple aspects of their lives, including sex drive, incontinence and maintenance of muscle mass. In men, testosterone pellet therapy can improve erectile functioning thus (very often) eliminating the need for "The Blue Pill". In addition to improving focus, energy, drive, motivation and assertiveness, pellet therapy with testosterone will ensure regardless of age that you will keep up with your high-profile job and those youthful co-workers waiting for you to fail and fall.



Women too often tread carefully at the mere suggestion of testosterone therapy. They have been brainwashed into believing that they don't need testosterone and that it is dangerous and flooded with risks and fatal outcomes. This is nothing but nonsense! In fact, a women's risk of premature death from any cause including cancer is markedly increased **without** optimal and balanced hormone levels--- period!!!

When testosterone runs low in women- starting very often in their twenties, it affects multiple aspects of their lives not unlike their same age counterparts (men). Testosterone is the hormone that helps women manage their emotions, ensuring the little things, like a happy ending chick-flick doesn't evoke uncontrollable tears. Low testosterone impacts a woman's weight, focus, energy, drive (motivation) and libido just like it does in men. - Proof that even in year 2015 women are not treated as equals.



Without enough testosterone, gaining and sustaining lean body mass can be difficult. Testosterone is also the hormone of desire and arousal – women experiencing low levels may simply lose their interest in sex forever without restoration to optimal levels.

### PROCEDURE:

Insertion is a simple in-office non-invasive painless minimal surgery under local anesthesia. A 1/4" incision is made in the upper hip area followed by placement of the small pellets which are about half the size of a Tic-Tac. No sutures are required as the incision is small and can be closed through the use of a butterfly bandage.

### Reasons to Opt for Pellets Over Other Forms of BHRT

1. Ease of administration-it is painlessly implanted under the skin and lasts four to six months.
2. No fluctuating levels as is seen with all other forms of administration. (See Diagram)
3. Maintains constant levels throughout the day avoiding the ups and downs seen with other forms of BHRT
4. Your body absorbs only what it requires based on activity level and metabolic needs during the day.
5. Convenience- other forms of hormone administration require a once or twice **daily** dosing.
6. The difference between a medication and a poison is the dose. Pellet form of BHRT utilizes 1/20<sup>th</sup> the same dose of hormone that other forms would require to achieve optimal levels over the same time frame of pellet therapy (3-6 months).

**For more information contact us at 609-978-9002**



**Mark James Bartiss, MD** is a medical writer, lecturer, and author, and is recognized as a top ten specialist in the field of Bio-Identical Hormone Replacement Therapy (BHRT). He has helped numerous individuals take their lives back and reclaim their health.

**REMEMBER...** When it comes to your health, you do have options and a choice.



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